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## MWR Events and Trips:

Boulevard of Broken Dreams Coconut Grove Playhouse Saturday, March 1, 2 pm \$16, FMV - \$40-\$5

The Unexpected Man Coconut Grove Playhouse Saturday, March 8, 8:30 pm \$16, FMV - \$40-\$45



Animal Kingdom Saturday, March 15, 6am-5pm Adults \$49 Children (3-9) \$39

# WHAT'S UP in South Florida & USSOUTHCOM

Tabletop GableStage at the Biltmore Sunday, March 16, 2pm/7pm \$11, FMV - \$35

Six Dance Lessons in Six Weeks Coconut Grove Playhouse Saturday, March 22, 2pm \$16, FMV - \$40-\$45

Harmonica Spectacular\* Lincoln Theatre Sunday, March 23, 5 pm Various Prices

Command Field Day Friday, March 28



EPCOT Center Saturday, March 29, 6am-7pm Adults \$49 Children (3-9) \$39

MGM Studios Saturday, April 5, time TBA Adults \$49 Children (3-9) \$39

Music Over the Centuries\* Sunday, April 6, 5 pm Lincoln Theatre Various Prices

Airboat Trip Saturday, April 19 info TBA Spring Picnic Saturday, April 26

Brahm's Double\*
Gusman Theatre
Saturday, April 12, 8 pm
Various Prices

Once Removed Coconut Grove Playhouse Sunday, April 27, 7 pm \$16, FMV - \$40-\$45



\* All Florida Philharmonic performances are 50% off regular ticket prices FMV = Fair Market Value

All tickets are non-refundable. Do your research before purchasing tickets at the ITR. We do our best to offer the lowest prices possible. Our tickets are purchased at the regular group rate or below, but some venues have seasonal sales with lower prices. When you purchase tickets from the ITR you are not paying tax which you might pay on-line. Tickets may or may not reflect a handling fee, which the ITR sometimes pays. Occasionally, free tickets may become available to an event for which we have already purchased and sold tickets. We cannot foresee these donations. Thank you for your understanding.

## Health & Fitness Classes

MWR offers free Health and Fitness Classes on a monthly basis. Register at the Fitness Center. Stay in shape:

#### Sports Nutrition

Thursday, March 27, 12-1 pm HQ, Conference Room 2412. BYO Lunch

#### Basic Back

Thursday, March 24, 12-1 pm HQ, Conference Room 2412, BYO Lunch

## Paranting Classes

Mercy Hospital offers many classes at little or no cost. Of special interest to new parents are Home With Baby classes. Other classes include: Infant Massage, Infant CPR, Pre and PostNatal Yoga, Working Mothers Support Group, "Me and My Dad" class and Couples Relaxation Group. For more information, please call (305) 285-2929 or visit http://mercymiami.com/english/news/Feb%20Comm%20Calendar% 20'03.html

## MILITARY DISCOUNTS

Butterfly World offers military with ID a 25% discount OFF general admission prices of \$14.95 per adult/\$9.95 per child. Located at 3600 W. Sample Road, Coconut Creek, Florida 33073.

Butterfly World has been voted one of the best in the country by "Child's Magazine" as the "coolest nature spot for kids!" http://www.butterflyworld.com

The Wolfsonian, a museum of modern art and design, located at 1001 Washington Avenue, Miami Beach, http://www.wolfsonian.fiu.edu/, offers all military and all USSOUTHCOM employees two for one tickets. \$5 for first ticket, second ticket is free.

## SHOW IN MIAMIR

Santa Claus arrived at USSOUTHCOM by helicopter on 14 December 2003. A huge crowd of 600+ welcomed Santa to the Children's Holiday Party "Under the Big Top." Kite flying, crafts and face painting were some of the many fun activities for USSOUTHCOM children and their parents who attended, despite the huge snowstorm. Many won prizes for the hula hoop contests games played to the tunes of a great DJ and created unique, hand-made holiday ornaments at the crafts table.



Presents and photos with Santa were given to all of the children. We are truly grateful to the Marine Corps-Law Enforcement Foundation, Inc., for its generous sponsorship of the party. Be sure to attend next year's Children's Holiday Party.

USSOUTHCOM twin chats with Santa

# LIONS, TIGERS AND BEARS, OH MY!



Who are those masked USSOUTHCOM kids?

A great time was had by all who attended the 2 November 2003 Fall Picnic at Miami MetroZoo. It was a beautiful, sunny, south Florida day with fine barbecue and great music provided by "Billie Bones" one-man jazz band.

Over 400 participated in bingo, played midway games, and received some early holiday shopping coupons. Mark your calendars for 26 April for the spring picnic.



Check out Military.com! On the web, go to http://www.military.com/Page/0,12170,1-OO-0,00.htm and sign up for free membership. View their discounts page at http://www.military.com/eCommerce/DealIndex/?loc=L1.

## WANTED-HOMESTEAD SPOUSE VOLUNTEER

Are you an energetic 'people-person' who loves having people over for coffee? Then USSOUTHCOM NEEDS YOU! A Volunteer Zip Code Group Coordinator is needed for the Homestead Coffee Group. Groups usually meet monthly at members' homes or local restaurants. The Coordinator sends out meeting invitations and organizes activities (Family Support Center provides labels and use of our copier). If you are a good organizer, have special skills (like arts & crafts) that you love to share, this volunteer position is for you. Please contact Mary Ortiz, Volunteer Coordinator, at 305 437-2667 if you are interested or for more information.

# E-Info: Check the Internet for Community Happenings

Looking for something to do? South Florida has lots to offer.

Go to http://floridagoldcoast.com/ for extensive information on museums, beaches, attractions, night life and restaurants.

Many museums offer free admission on one day/night per week. For a listing of South Florida museums go to:

http://floridagoldcoast.com/activities/mus.htm.

#### Bass Museum of Art -

http://www.bassmuseum.org/ 2121 Park Avenue, Miami Beach 305.673.7530. Free on ArtsBeach, second Thursday evenings 6-9 pm.

Museum of Art - http://www.museumofart.org/ One East Las Olas Boulevard, Fort Lauderdale 954-525-5500. Free admission the second Tuesday of each month.

# The Art Museum at Florida International University -

http://www.fiu.edu/~museum/index.html SW 107th Avenue & SW 8th Street, Miami. All exhibitions and events are FREE. The Art Museum has an outstanding free lecture series.

The Miami-Dade Public Library System offers a variety of free youth programs and special events throughout the year. Programs include story-telling, puppet shows, festivals, summer reading activities, author visits, arts and crafts, homework help, bilingual story times, story hours for tod-dlers, preschoolers, and school-age children and more.

There is an annual Spring Storytelling Festival and a Bookmark Contest held during Children's Book Week, with the winning design reproduced and distributed to patrons throughout the year. Go to http://www.mdpls.org/kids&teens/kids&teens.

Looking for Children's Activities in Broward? Check on the web at: http://www.fll.net/kids.htm for information on area attractions.

For last minute two for one tickets, go to http://www.culturalconnection.org/searchoptions.c fm. Note the site charges a \$4.50 service fee per ticket.

# EMERGENCY #'S FOR YOUR FAMILY

Police/Fire/Rescue - 911
Family Emergency
(305) 437-2665/2734
Financial Emergency
(305) 437-2645
Deployment Family Support
(305) 437-2665
Domestic Violence/Child Abuse
(305) 437-2734

NOTE: Each number above may be reached toll-free at 888-547-4025. The American Red Cross is YOUR weekend and after hours emergency contact for family and financial emergencies. In Miami-Dade 305 644-1200. In Broward 954 763-9900.

Routine and crisis referrals to civilian resources are available 24-hours per day at 305 358-HELP in Miami-Dade and 954 467-6333 in Broward.

CUT ALONG DOTTED LINE AND TAPE TO YOUR PHONE OR REFRIGERATOR

#### MILITARY FAMILY ACTION PLAN CONFERENCE - 27 March 2003

HEADQUARTERS • 7.30am - 5.00pm

If you or someone you know at USSOUTHCOM has an issue you wish to be considered at the MFAP, please complete the requested information and return to Mary Ortiz via fax to 305 437-2672, email ortizm@hq.southcom. mil, shotgun to Mary Ortiz at USAG-DCA, US mail to Mary Ortiz, USSOUTHCOM, USAG-DCA, 3511 NW 91st Avenue, Miami, FL 33172, Zip Code Coffee Groups, please distribute.

## MILITARY FAMILY ACTION PLAN ISSUE CARD

1,	CLEARLY STATE ISSUE OR PROBLEM: (WHAT IS THE PROBLEM?)
2.	SCOPE: (BRIEFLY EXPLAIN WHY THIS ISSUE IS A PROBLEM?)
3.	SUGGESTED SOLUTION: (RECOMMENDATION FOR CHANGE)
iss	ur contact information can be provided in the event the ue you provide needs clarification (Name/Telephone imber):

## HOLIDAY DOOR JUDGING



PBO took first place in the Holiday Door Judging, winning a \$150 pizza party. PBO's theme "WE WILL ALWAYS REMEMBER," was selected for its patriotism, thoughtfulness and creativity. A \$100 pizza party went to the J2 Maritime Team for second place, with special recognition for enthusiasm and comraderie. The Clinic took third place for a great effort, receiving a \$75 party. Thanks to everyone who participated!



## FAMILY BUPPORT CENTER CLASSES & EVENTS

Newcomer's Briefing Friday, March 7, 8 am-12:15 pm USAG-Miami

Pre-Separation Briefing (Required prior to TAP) Wednesday, March 12, 2:30-4 pm USAG-Miami

Marketing Yourself for a 2nd Career Friday, March 14, 9-11 am Miami-Dade Firefighters Building

Miami Tour Friday, March 14, 9 am-3:45 pm Meet at FSC 8300 NW 33rd St Ste 110

Small Business Program and Services Seminar U. S. Small Business Administration Friday, March 14th 2-4 pm La Quinta Hotel Pre-Separation Briefing (Required prior to TAP) Wednesday, March 26, 2:30-4 pm USAG-Miami

Military Family Action Plan Conference Thursday, March 27, 7:30 am-5 pm USSOUTHCOM HQ

Healthy Credit - Dos/Don'ts of Credit Use Thursday, March 27, 2:30-4pm USAG-M Education Center

Newcomer's Briefing Friday, April 4, 8 am-12:15 pm USAG-Miami

Miami Tour Friday, April 11, 9 am-3:45 pm Meet at FSC 8300 NW 33rd St Ste 110 Pre-Separation Briefing Wednesday, April 16, 2:30 pm-4 pm (Required prior to TAP) USAG-M

IRAs and Tax-deferred Education Accounts Thursday, April 17, 2:30-4pm USAG-Miami Education Center

Basics of Personal Finance Thursday, April 24, 2:30-4pm USAG-Miami Education Center

TAP Workshop Transition Assistance Tuesday, April 29 - Thursday, May 1 8 am-4 pm La Quinta Hotel

For further information or to register, please call 305 437-2665.

Child care subsidy fees will increase effective 3 March 2003. For a copy of the schedule of current fees and providers, go to www.southcom.mil/usag-miami/fsc\_youth.htm.

To report Suspected Child Abuse/Neglect or Spouse Abuse contact Family Advocacy at (305) 437-2734.

After duty hours contact (305)437-4900.

# Spouses Corner

# USSOUTHCOM Community Information Meeting (SCCIM)

SCCIM is held the first week of each month. This will enable the Zip Code Coffee Group Coordinators to disseminate the information from the SCCIM to the zip code coffee groups. As a reminder, all spouses are encouraged to submit concerns/issues to your area zip code coordinator. Our purpose is to share ideas and make living in South Florida an enriching experience. Upcoming meetings: at 1000 hrs. Codina Building, Main Conference Room.

#### Zip Code Coffee Groups POC

Kendall, Hammocks, etc.

· Laura Gill etc.

Debbie Karl

(305) 233-1767

Weston, Davie, Plantation, Fort Lauderdale,

Coral Springs and North:

· Cheryl Dunnells

(954) 659-9948

Pembroke Pines, Cooper City, Hollywood, and Miramar:

• Deborah Kellner

(954) 436-0563

Kathy Whitehead
 Doral, North Dade:

(954) 438-8254

• Heather Tuttle

(305) 597-0517

Patsy Barrier

(786) 845-3073

## **Need To Know Numbers**

#### Directorate of Community Activities (DCA)

Director, Sheryl Byrd (305) 437-2720
Administration, Vilma Lesesne (305) 437-2715
Website: http://www.southcom.mil/usag-miami/index.htm
E-mail: deacustomerservice@hq.southcom.mil

Toll Free Hot Line:

1 888-547-4025

Substance Abuse Program (SAP)/Employee

Assistance, SAP

Officer, Guy Drab

(305) 437-3078

U.S. Southern Command Family Support Center Attn: USAG/FSC 3511 NW 91st Avenue Miami, FL 33172

#### Sontinued

#### Recreation Division

Fitness Center (305) 437-1152

Better Opportunity for Single Service Members (BOSS),
President ISSN Jennifer Boise (305) 437-2171

Recreation Assistant,
Jill Hauser (305) 437-1595

Recreation Assistant,
Maria Rosado Trenche (305) 437-1595

Marketing and Sponsorship,
Helen Colby (305) 437-2639

#### Family Support Division (FSD)

FSD Officer, Victoria DuBois (305) 437-2644 (305) 437-2665 Secretary, Peggy Corpman Consumer Affairs/Emergency Financial Assistance, Richard Zimmelman (305) 437-2645 Employment Readiness/ Transition Assistance Program/ Notary Public, Marva Creary (305) 437-2671 Exceptional Famil Member /Family Advocacy Program Manager, Dana Cekauskas, LCSW (305) 437-2734 Information & Referral/Child Care Subsidy, Leyda Cruz (305) 437-2633 Relocation Readiness Program, Jennifer Harms (305) 437-2723 Volunteer Coordinator, Mary Ortiz (305) 437-2667

#### USSOUTHCOM Clinic

Office hours: 0730-1630 For appointments call (305) 437-3559 Services TRICARE enrolled members. TRICARE Service Center 8385 Pines Blvd. Pembroke Pines, FL 33024 (954) 443-6793 or 1-800-700-8593 Family Counseling Center (305) 437-3086 Housing Referral (305) 437-2656 **Education Services** (305) 437-1141 Carlson Wagonlit (305) 437-1746. Veterinary Services (305) 437-1304 (POC - Ms. Estes) Opa-Locka USCG Vet Svcs. (305) 953-2195

(POC - SK2 Young)